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LV50 Learning

All activities and resources have been designed to compliment primary curriculum objectives.

Activity Understanding the Crew's Quarters – Nutrition

LKS2 Science

N.C. Objective

- Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat

LKS2 History

N.C Objective:

- To ask historically valid questions about change, cause, similarity and difference and significance.
- To continue to develop a secure understanding of local history.
- To select and organise relevant historical information



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Think about life aboard the LV50 for the sailors. They were sailing at a time where food could not be refrigerated. Their health would often suffer. Sailors could get: scurvy, yellow fever, typhus, malaria, pneumonia, typhoid

Activity

In pairs or groups, research scurvy. Find out:

- Which food groups are needed for nutrition. Name them all, giving examples of types of food that you could eat now and food that the sailors could have taken on the LV50. Which foods will last for the whole journey?
- What was the main cause of scurvy? Who did it effect? What caused it? Which food group was missing from the sailor's diet that caused this?
- What were some of the symptoms of scurvy? How would they be recognised on the ship? How would the sailors act? What changes would occur to their bodies / personalities?
- Who was the man who performed the first scientific trial to cure scurvy? Which food did he use to help them?
- Which foods the LV50 crew could take with them to prevent becoming ill.

****Record your findings on the research map****



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